

March 2019

Fresh Fruit & Vegetable Snack Program

Monday	Tuesday	Wednesday	Thursday	Friday
				No School 1
4	Cucumber Coins 5	6	Strawberries 7	8
11	Broccoli/Grape Tomato 12	13	Jazz Apple 14	15
18	Yellow Squash Coins 19	20	Naval Orange 21	22
No School 25	No School 26	No School 27	No School 28	No School 29



Did you know?

There about 200 seeds on an average strawberry!

A jazz apple is sweet and tart with a hint of pear!

Cucumbers are a great source of B vitamins!

